



2011-2012
Windward Tennis Academy Program
 www.windwardtennisacademy.com

Calendar: Level 2-Elite

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| <p>Tuesday, Aug. 9
 Sunday, Aug. 14
 Sunday, Aug. 14
 1st week in September</p> <p>Sunday, Sep. 4 - Monday, Sep. 5
 Friday, Oct. 7
 Saturday, Oct. 8</p> <p>Friday, Oct. 21
 Saturday, Oct. 22</p> <p>Monday, Oct. 31
 Tuesday, Nov. 22 – Sat., Nov. 26
 Sunday, Nov. 27
 Sunday, Dec. 11</p> <p>Thursday, Dec. 22 – Tuesday, Jan. 3
 Wednesday, Jan. 4
 Sunday, Feb. 5
 TBD: extra date if necessary
 Sunday, Apr. 1 – Sat., Apr. 7
 Sunday, Apr. 8
 Monday, Apr. 9
 Friday, May 18
 Mon - Fri, May 21 - 25
 Monday, Jun. 4</p> | <ul style="list-style-type: none"> - Registration Deadline (\$10 late fee after this date) - Parent's Meeting 5-7 p.m. - 2011/12 Windward Tennis Academy Begins - Tween groups begin (invitation only: player will be notified) - Southern Select 3 day option begins - optional - Labor Day Holiday – No Academy - Mandatory Make-up: Georgia Advanced (5-7 p.m.) - Mandatory Make-up: Academy Level 2 (12-2 p.m.), Southern Select, Elite & National (2-4 p.m.), Academy Levels 3, 4 & 5 (4-6 p.m.) - Mandatory Make-up: Georgia Advanced (5-7 p.m.) - Mandatory Make-up: Academy Level 2 (12-2 p.m.), Southern Select, Elite & National (2-4 p.m.), Academy Levels 3, 4 & 5 (4-6 p.m.) - Halloween – No Academy - Thanksgiving Holiday – No Academy - Academy resumes - Academy Banquet 5-7 p.m. (Academy time changed to 1-3 p.m.) - Winter Break – No Academy - Academy resumes - Superbowl Sunday (Academy time changed to 4-6 p.m.) - Spring make-ups (will advise 2 wks. prior to dates) - Spring Break – No Academy - Easter – No Academy - Academy resumes - Last Day of Academy - Mandatory Make-up Days - Summer Academy Begins |
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Calendar: Level 1 (8 classes/session on Fridays 5-7 p.m.)

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| <p>Aug. 19 – Oct. 7
 Oct. 14 – Dec. 9
 Jan. 6 – Mar. 2
 Mar. 9 – May 11</p> | <ul style="list-style-type: none"> - Session # 1 - Session # 2 (No class Friday, Nov. 25) - Session # 3 (No class Friday, Feb. 17) - Session # 4 (No class Fridays, March 30 & April 6) |
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Annual Non-Refundable Registration Fee: due upon enrollment (Level 2 and higher only)

- 1st year Academy students: \$250*
- 2nd year Academy students: \$200
- 3rd year Academy students: \$100
- 4th year + Academy students: \$0

All new Academy students must have an evaluation lesson to ensure proper Academy placement prior to attending the program. The cost of the lesson is \$25. Please contact our front desk to schedule your evaluation lesson.

* 1st year Academy students will have a 30 day trial period. If after the trial period you decide not to continue in the program, we will give you a full refund of your registration fee. Please contact the Academy Administrator, Shari Gianini, at the end of the 30 days to request your refund. You will still be responsible for Academy tuition during your trial period. The tuition will not be refunded.

Registration fees may be divided as follows: ½ due upon enrollment and ½ due September 1st. You may also pay the registration fee in full upon enrollment.

Registration fees will be prorated on the following schedule:
August – December enrollment: full registration fee stated above
January – May enrollment: ½ of the registration fee stated above

Full Facility, Tennis Only, and Junior members will not be charged the registration fee.

Monthly Academy Tuition (Level 2 and higher only)

Monthly tuition will vary according to the Academy program that you are enrolled in. Full Facility and Tennis Only members will receive a reduced Academy tuition rate.

If you join any academy program after the month has begun, you will be charged a per day rate which is multiplied by the number of remaining days the player can attend in the enrolling month. The daily rate varies by month; therefore, August, December, April and May will calculate at \$55 per day. However, September, October, November, January and February will calculate at \$40 per day.

Windward Academy Level 1

- **Tuition - \$208 Members/\$256 Non-Members**
- **Meets Fridays from 5:00-7:00 p.m. (8 classes/session)**
- **Tween meets Monday 5-7 p.m. \$100/month (invitation only: player will be notified)**

Academy Level 1 is for students are currently playing sanctioned USTA tournaments in the 10 & under division. Due to the USTA major emphasis on 10 & under initiative, we have transitioned this group to perfectly suit this age. As a result, this group will utilize 60' courts, 25" racquets & play with the orange/yellow 60' approved tennis ball to make everything age & size appropriate.

We have 4 sessions of Academy Level 1. Each session runs for 8 classes and they start on the dates listed in the above calendar. A credit will be issued to your account if there are any rainouts as we do not have make-ups for these classes.

All new Academy students must have an evaluation lesson to ensure proper Academy placement prior to attending the program. The cost of the lesson is \$25. Please contact our front desk to schedule your evaluation lesson.

In order to register for the program you must turn in a completed Windward Tennis Academy Tennis Registration & Release Form along with full payment to the Windward Lake Club front desk by the first day of the session. Your child WILL NOT BE continuously enrolled in Academy Level 1. You must re-enroll your child each session.

Players within this group will be sub-divided by level to provide appropriate training. The top players will begin the transition process to the Academy Level 2. This “tween” group will meet on Mondays from 5-7 p.m. to develop specific skills needed for advancement as well as compete with each other to establish an order within the “tween” group. The last Monday of the month from 5-7 p.m. will be the match play day for the “tween” group.

We will make a decision regarding Academy Level 1 by 4:30 p.m. on days when the weather is questionable. Please visit our website, www.windwardtennisacademy.com, to check cancellation status. You may call the club at 770-442-5783 to check on status, but **please do not call before 4:30 p.m.** We strive to only cancel when absolutely necessary. A credit will be issued to your account if there are any rainouts as we do not have make-ups for these classes.

Make-ups: There are no make-ups or refunds for days missed for personal reasons or illness. However credit may be given for a prolonged illness or injury.

CREEKSTONE ESTATES OPTION:

As an alternative to Academy Level 1 at Windward Lake Club, Creekstone Estates offers this same program on Mondays from 5-7 p.m. In order to register for the program you must e-mail Coach Danie van den Heever at creekstonedanie@bellsouth.net or call 770-888-8454.

Windward Academy Level 2

- **Monthly Tuition - \$265 (Tween Group - \$350)**
- **Meets Monday & Thursday from 5:00-7:00 p.m.**
- **Tween meets Wednesdays from 5:00-7:00 p.m. (invitation only: the player will be notified)**

Academy Level 2 is for advanced intermediate players trying to build towards becoming accomplished tournament players. There is a strong emphasis on good stroke technique and footwork required for fast improvement. Drill sessions will build toward testing and evaluation.

There will be skills/fitness testing in the fall and in the spring. Separate from the testing, each student will be evaluated with key areas for improvement which will then be given to parents in a progress report near the end of each fall and spring semesters. The students will learn the skills needed to move to the next stage of Windward Tennis Academy but must first demonstrate this ability in a test. This group will be high energy and fun.

The group is programmed so that students will learn all technical, tactical, physical, and mental skills required for this level. Those enrolled from the start of the year and coming two days a week will gain maximum benefit from the structure of the program. The early fall will focus on fundamentals in stroke technique and footwork. Later in the fall, students will learn how to apply this improved technique to learn new shots and apply basic tactics. This leads to the end of the fall where they will learn how to use their new skills to compete and play better points. The spring semester will follow a similar path but what they learn in each part will be more advanced. The spring has a longer point and match play component at the end, where the student will apply what has been taught.

Players within this group will be sub-divided by level to provide appropriate training. The top players will begin the transition process to the Georgia Advanced Academy. This “tween” group will meet on Wednesdays from 5-7 p.m. with Georgia Advanced to develop specific skills needed for advancement as well as compete with each other to establish an order within the “tween” group. The last Wednesday of the month from 5-7 p.m. will be the match play day for the “tween” group.

Eight local USTA tournaments will be selected as a Windward Tennis Academy “attendance tournament”. Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

The staff strongly encourages juniors in this group to participate on a Windward ALTA/USTA team. Please contact Sue Johnston at sjohnston@windwardlakeclub.com if interested.

Windward Tennis Academy will be using High-Tech Tennis to provide video analysis.

CREEKSTONE ESTATES 1 DAY OPTION:

As an alternative to Academy Level 2 at Windward Lake Club, Creekstone Estates offers this same program on Wednesdays from 5-7 p.m. In order to register for the program you must e-mail Coach Danie van den Heever at creekstonedanie@bellsouth.net or call 770-888-8454.

Windward Academy Level 3

- **Monthly Tuition: \$265 (Sunday only option - \$175)**
- **Meets Sunday & Thursday from 5:00-7:00 p.m.**

Academy Level 3 is designed for beginning advanced players from ages 13 to 15 years old. Whether they came to tennis late or simply want to be a part of a team environment, Level 3 is the group. Smaller numbers and good pro to student ratios make learning a fun and interactive. Although some may decide to play in local state tournaments, this group typically has a strong Jr. ALTA & Jr. USTA following. Only 1 tier, so when players get the set of skills necessary, they can move on!

Testing will take place in the fall and spring. The testing will determine those ready for promotion to the group above.

Eight local USTA tournaments will be selected as a Windward Tennis Academy “attendance tournament”. Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

Windward Tennis Academy will use High-Tech Tennis to provide video analysis.

This program has a 1 day option. The 1 day option will be on Sundays only.

DURING HIGH SCHOOL TENNIS SEASON

- This group will meet on Sundays and Thursdays only during February, March, April and May due to the high school tennis season. You may choose both days or select one day option on either Sunday or Thursday.
- Credits will be issued for high school tryouts and high school matches only if a CREDIT REQUEST FORM is turned in. This form must be turned in within 15 days after tryouts and/or matches are over. If requesting a credit for high school matches, the match schedule must be attached. This form is available at the clubhouse and on our website, www.windwardtennisacademy.com.

Windward Academy Levels 4 & 5

- **Monthly Tuition: \$265 (Sunday only option: \$175 – only available to Level 4)**
- **Level 4: Meets Sunday & Tuesday from 5:00-7:00 p.m.**
- **Level 5: Meets Monday & Thursdays from 5:00-7:00 p.m.**

Each group has criteria specifically designed for the students within. The purpose of these groups is to provide a fun and challenging environment to further the students' tennis interest and have them ready for high school tennis. Testing will take place in the fall and spring. The testing will determine those ready for promotion to the group above.

Eight local USTA tournaments will be selected as a Windward Tennis Academy "attendance tournament". Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

Windward Tennis Academy will use High-Tech Tennis to provide video analysis.

This program has a 1 day option for Level 4. The 1 day option will be on Sundays only.

DURING HIGH SCHOOL TENNIS SEASON

- During February, March, April and May due to the high school tennis season, you may select the one day option on Sundays only. **(1 Day option/Sundays only - \$175)**
- Credits will be issued for high school tryouts and high school matches only if a CREDIT REQUEST FORM is turned in. This form must be turned in within 15 days after tryouts and/or matches are over. If requesting a credit for high school matches, the match schedule must be attached. This form is available at the clubhouse and on our website, www.windwardtennisacademy.com.

Georgia Advanced Academy

Monthly Tuition

- **\$290: 2 day option: meets Tuesday and Wednesday at WLC from 5-7 p.m.**
- **\$350: Tween meets Thursday at Alpharetta High School with Southern Select from 5-7 p.m. (invitation only: the player will be notified)**

Students should be USTA tournament players; they are expected to be in the top 150 in State 12 and 14 & under rankings.

Students will be taught strong technique on all basic shots. They will be expected to display a strong work ethic and high intensity footwork. Development of game style will begin. Students must develop good racquet head speed and start forming weapons. Taking the ball on the rise and understanding how to play offense and defense will be a major focus. Students will be able to compete mentally and physically at high levels of tennis as they progress from this group.

Students will be tested in both fall and spring on the criteria on which we have worked. Their results on the testing will determine placement within the group and suitability for the Southern Select Academy group. Students will be asked to complete mental assignments and log information for faster more focused learning.

The programming for this group breaks down the year into sections to allow for faster development in focus areas. Students should enroll for the full year on both days to receive maximum benefit from our program. The start of fall will have a strong technical and physical component. Good form on all basic shots and a high level of physical conditioning will be established. More advanced shots and tactical/situational skills will follow. The end of the fall will have lots of point play to apply skills learned and improve match play. The spring will contain the same basic programming, but the criteria for each player should have advanced, as well as their position within the group. The spring will have a longer point/match play component, which leads to improved performance and results.

Players within this group will be sub-divided by level to provide appropriate training. The top eight players will begin the transition process to the Southern Select Academy. This “tween” group will meet with Southern Select on Thursdays and Georgia Advanced on Tuesdays & Wednesdays. The last Thursday of the month from 5-7 p.m. will be the match play day. A player must win two match play days to permanently move to Southern Select. **Cost for 3 days in the “tween” group is \$350 per month.**

Eight local USTA tournaments will be selected as a Windward Tennis Academy “attendance tournament”. Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

Windward Tennis Academy will use High-Tech Tennis to provide video analysis.

Southern Select Academy

Monthly Tuition

- **\$290: 2 day option: meets Tuesday and Wednesday at WLC from 5-7 p.m.**
- **\$350: 3 day option: meets Tuesday and Wednesday at WLC from 5-7 p.m. and Thursdays at Alpharetta High School**
- **\$350: Tween meets Thursdays at Creekstone Estates from 6-8 p.m. with Elite (invitation only: the player will be notified)**

Students should be strong state and southern players, they are expected to be top 50 in the state and top 150 in the South in 12's and 14's. Many will be competing in national events or even Supnationals. In addition, the top 50 will be in the Tier 2 of Southern Select.

Basic form and technique is well rounded by this point. Game should have very few weaknesses. Game style will continue to develop and formation of weapons will be a strong emphasis. Students are learning how to apply their style to the highest levels of tennis. All students are expected to be very committed and show a strong work ethic. More advanced patterns of play and specialty shots will frequently be trained at drills. There will be a strong emphasis on mental and tactical skills.

The programming for this group breaks down the year into sections to allow for faster development in focus areas. Students should enroll for the full year on both days to receive maximum benefit from our program. There will be testing in the fall and spring to assess tennis and physical skills to track each player's improvement. These results will determine suitability for the Elite group and placement within their group. Parents will receive progress reports near the end of each fall and spring semesters. The beginning of fall will have a strong technical and physical component. Students will then work on how to use these improvements in different situations. Tactical and mental skills will become the major focus toward the end of each semester with the spring having an even bigger emphasis on match play. Self-motivation and competitiveness will be taught.

Players within this group will be sub-divided by level to provide appropriate training. The top four players will begin the transition process to the Elite Academy. This "tween" group will meet with Elite on Thursdays and Southern Select on Tuesdays & Wednesdays. **Cost for 3 days in the "tween" group is \$350 per month.**

Eight local USTA tournaments will be selected as a Windward Tennis Academy "attendance tournament". Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

Windward Tennis Academy will use High-Tech Tennis to provide video analysis.

Elite Academy and National Team

Monthly Tuition

- **\$310: 3 day option: meets Tuesday and Wednesday at WLC from 7-9 p.m and Thursday at Creekstone Estates from 6-8pm.**

This is Windward Tennis Academy highest level group. All members of this group should be playing southern and national tournaments and/or competing in varsity high school tennis as a minimum. They are expected to be top 50 in Southern 14's or 16's or competing in 14's or 16's Supnationals.

Individuals should be self motivated and have a very high level of physical fitness. Students should be working towards college or professional tennis. Students will have a clearly defined game style based upon their strengths and weaknesses, as well as their personality, with relevant role models in the pro game. They will learn how to apply and refine this style against all opponents on any surface.

Testing of this group will be complex and the players must show improvements in physical fitness throughout the year. Mental skills will also be evaluated in the testing.

The year will be broken down into sections to provide maximum improvement. This is known as periodization. The fall and spring will begin with base fitness testing and evaluation. Game improvements and technical changes will be made early during fall and spring, then applied to point situations later in semester. Private lessons should coordinate with the group work. There is strong evidence that periodization of schedules leads to faster learning. Players will have a strong focus on improving their fitness at the start of each semester.

Eight local USTA tournaments will be selected as a Windward Tennis Academy "attendance tournament". Pros from the academy staff will be on site at that tournament to observe matches and give players a brief evaluation of their play at no extra cost. Our website, www.windwardtennisacademy.com, will also list other recommended tournaments for this level; however, pros will not be in attendance at these tournaments.

DURING THE HIGH SCHOOL TENNIS SEASON

- Elite tuition will continue to be invoiced monthly as usual. Elite Academy participants may request a credit for days missed due to high school matches, as long as those matches fall on a Tuesday, Wednesday, or Thursday. A CREDIT REQUEST FORM with a copy of the tennis match schedule attached must be turned in within 15 days after the matches are over to receive credit.

Windward Tennis Academy Policies

(Applies only to Level 2 and higher, excludes Level 1)

General

- A flat tuition rate has been set so that your fees will be the same each month. However, some months will have more academy days than others, but it will average out over the 10 month period. Please keep this in mind when requesting credits or being out for an entire month. You will still be invoiced for the full month and only be credited back for the actual number of academy days missed in a given month (not the entire month's tuition).
- Six inclement weather days that you are not being charged for have been factored in for our academy levels. Nine inclement weather days for Southern Select & Elite (3 day options). Any "tween" days will be credited due to inclement weather. In addition, makeup days have been scheduled in October and May for all academy levels (see calendar). We will also be adding additional make-up days if necessary and provide you with those dates 2 weeks prior to the make-up date. The dates will be on our website. Credits will not be issued if a player is unable to attend the scheduled make-up days as sufficient advance notice of the dates will be given.
- One indoor session will be held on a rainy day of each month for Southern Select and Elite groups only. The website will advise when the indoor sessions will be held. (Does not apply to Levels 1/2/3/4/5 and Georgia Advanced.)

Payment

- All Windward Academy players are required to have a credit card on file with the club. You may still pay by check, but in order to participate in the program you must provide a credit card number on the PREFERRED PAYMENT METHOD FORM. Upon enrollment we will inform you if we need a credit card number.
- You will receive an e-mail statement the first week of the month itemizing your charges at the club including your Academy tuition for the current month. If you wish to pay your monthly account balance by check, your check must be received by the 15th of each month. On the 16th of the month, all unpaid account balances will be charged to the credit card on file.
- **August tuition and non-refundable registration fees are payable upon enrollment.**

Make-ups/Credits

- There will be no credits, reduced tuition fees, or make-ups for occasional days missed regardless of the reason. Credits will only be granted for prolonged illness or injury (**defined as 3 consecutive academy days missed**), southern or national tournaments, high school tryouts and high school matches. A CREDIT REQUEST FORM must be filled out and turned in within 15 days of the date(s) you are requesting in order for the credit to be reviewed and issued, if applicable. This form is available at the Windward Lake Club clubhouse or on our website, www.windwardtennisacademy.com.
- Due to the large number of players in the program, make-ups or requests to come on another day for any reason cannot be honored.

Rainouts and Rain Make-ups

- CHECK OUR WEBSITE, WWW.WINDWARDTENNISACADEMY.COM, FOR RAINOUT INFORMATION. IF ACADEMY IS CANCELLED IT WILL BE POSTED 30 MINUTES PRIOR TO START TIME.
- Six inclement weather days have been built into the schedule for the year for all levels excluding Southern Select & Elite (3 day options). Nine inclement weather days have been built into the schedule for Southern Select & Elite (3 day options). Any “tween” days will be credited due to inclement weather.
- There are mandatory scheduled rain make-up days this year. These days have already been scheduled for October and May (see calendar). If necessary, we will schedule additional days and will advise of these make-up days 2 weeks prior to the date.
- Credits will not be issued if a player is unable to attend the scheduled make-up days as sufficient advance notice of the dates will be given.
- At the end of May, the number of inclement weather or cancelled Academy days will be evaluated, and if any rain days are owed to you after the built-in rain days and scheduled rain make-ups, then your account will be credited in early June.

Withdrawal from the Program

- A Windward Academy WITHDRAWAL FORM must be completed and submitted by the 20th of the prior month to ensure that you are not charged for the next month. Withdrawal forms can be found on the website, www.windwardtennisacademy.com.
- Anyone withdrawing from the program will forfeit any potential rain day credits. This does not include high school players who withdraw during the high school season and then return to finish out the academy year.

